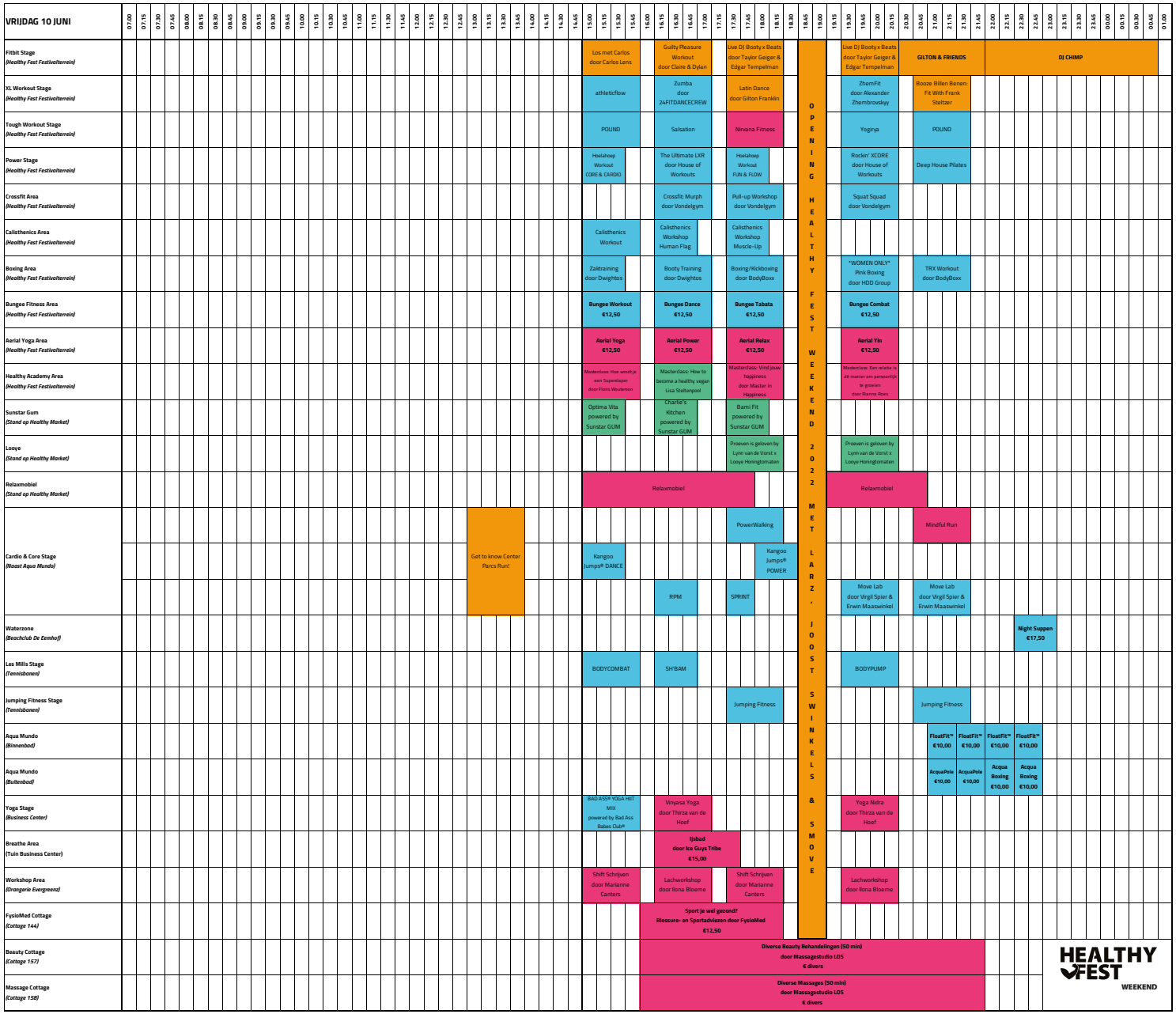
VRIJDAG 10 JUNI
07:00 07:15 07:30 07:45 08:00 08:15 08:30 08:45 09:00 09:15 09:30 09:45 10:00 10:15 10:30 10:45 11:00 11:15 11:30 11:45 12:00 12:15 12:30 12:45 13:00 13:15 13:30 13:45 14:00 14:15 14:30 14:45 15:00 15:15 15:30 15:45 16:00 16:15 16:30 16:45 17:00 17:15 17:30 17:45 18:00 18:15 18:30 18:45 19:00 19:15 19:30 19:45 20:00 20:15 20:30 20:45 21:00 21:15 21:30 21:45 22:00 22:15 22:30 22:45 23:00 23:15 23:30 23:45 00:00 00:15 00:30 00:45 01:00
Fitbit Stage (Healthy Fest Festivalterrein)
Los met Carlos door Carlos Lens
Guilty Pleasure Workout door Claire & Dylan
Live DJ Booty x Beats door Taylor Geiger & Edgar Tempelman
Live DJ Booty x Beats door Taylor Geiger & Edgar Tempelman
GILTON & FRIENDS
DJ CHIMP
XL Workout Stage (Healthy Fest Festivalterrein)
athleticflow
Zumba door 24FITDANCECREW
Latin Dance door Gilton Franklin
ZhemFit door Alexander Zhembrovskyy
Booze Billen Beneni Fit With Frank Steltzer
Tough Workout Stage (Healthy Fest Festivalterrein)
POUND
Salsation
Nirvana Fitness
Yogirya
POUND
Power Stage (Healthy Fest Festivalterrein)
Hoelahoep Workout CORE & CARDIO
The Ultimate LXR door House of Workouts
Hoelahoep Workout FUN & FLOW
Rockin' XCORE door House of Workouts
Deep House Pilates
Crossfit Area (Healthy Fest Festivalterrein)
Crossfit: Murph door Vondelgym
Pull-up Workshop door Vondelgym
Squat Squad door Vondelgym
Calisthenics Area (Healthy Fest Festivalterrein)
Calisthenics Workout
Calisthenics Workshop Human Flag
Calisthenics Workshop Muscle-Up
Boxing Area (Healthy Fest Festivalterrein)
Zaltraining door Dwightos
Booty Training door Dwightos
Boxing/Kickboxing door BodyBoxx
"WOMEN ONLY" Pink Boxing door HDD Group
TRX Workout door BodyBoxx
Bungee Fitness Area (Healthy Fest Festivalterrein)
Bungee Workout €12,50
Bungee Dance €12,50
Bungee Tabata €12,50
Bungee Combat €12,50
Aerial Yoga Area (Healthy Fest Festivalterrein)
Aerial Yoga €12,50
Aerial Power €12,50
Aerial Relax €12,50
Aerial Yin €12,50
Healthy Academy Area (Healthy Fest Festivalterrein)
Masterclass: Hoe word je een Superkaper door Floris Woutersen
Masterclass: How to become a healthy vegan Lisa Steltenpool
Masterclass: Vind jouw happiness door Master in Happiness
Masterclass: Een relatie is dé manier om persoonlijk te groeien door Bianne Roes
Sunstar Gum (Stand op Healthy Market)
Optima Vita powered by Sunstar GUM
Charlie's Kitchen powered by Sunstar GUM
Bami Fit powered by Sunstar GUM
Looye (Stand op Healthy Market)
Proeven is geloven by Lynn van de Vorst x Looye Honingtomaten
Proeven is geloven by Lynn van de Vorst x Looye Honingtomaten
Relaxmobiel (Stand op Healthy Market)
Relaxmobiel
Relaxmobiel
Cardio & Core Stage (Waost Aqua Mundo)
Get to know Center Parcs Run!
PowerWalking
Mindful Run
Kangoo Jumps® DANCE
Kangoo Jumps® POWER
RPM
SPRINT
Move Lab door Virgil Spier & Erwin Maaswinkel
Move Lab door Virgil Spier & Erwin Maaswinkel
Waterzone (Beachclub De Eemhof)
Night Suppen €17,50
Les Mills Stage (Tennisbanen)
BODYCOMBAT
SHBAM
BODYPUMP
Jumping Fitness Stage (Tennisbanen)
Jumping Fitness
Jumping Fitness
Aqua Mundo (Binnenbad)
FloatFit™ €10,00
FloatFit™ €10,00
FloatFit™ €10,00
FloatFit™ €10,00
Aqua Mundo (Buitenbad)
AcquaPole €10,00
AcquaPole €10,00
Acqua Boxing €10,00
Acqua Boxing €10,00
Yoga Stage (Business Center)
BAD ASS® YOGA Hot MIX powered by Bad Ass Babes Club®
Vinyasa Yoga door Thirza van de Hoef
Yoga Nidra door Thirza van de Hoef
Breathe Area (Tuin Business Center)
Ijsbad door Ice Guys Tribe €15,00
Workshop Area (Orangerie Evergreens)
Shift Schrijven door Marianne Canters
Lachworkshop door Ilona Bloeme
Shift Schrijven door Marianne Canters
Lachworkshop door Ilona Bloeme
FysioMed Cottage (Cottage 144)
Sport je wel gezond? Blessure- en Sportadviezen door FysioMed €12,50
Beauty Cottage (Cottage 157)
Diverse Beauty Behandelingen (50 min) door Massagestudio LOS € divers
Massage Cottage (Cottage 158)
Diverse Massages (50 min) door Massagestudio LOS € divers
OPENING HEALTHY FEST WEEKEND 2022 MET LARZ, JOOST SWINKELS & SMOVE
HEALTHY FEST WEEKEND